

## Main Entrées

*Entrées are served with your choice of soup, salad or tomato juice and our home-made dinner rolls.*

### Traditional Comfort Food

#### Pork Tenderloin Schnitzel with Mushroom Sherry Sauce

*Exceptionally tender breaded pork tenderloin with a mushroom sauce, enriched with a smooth aged sherry.*  
\$16.49

#### Liver and Onions

*Buttermilk marinated beef liver served with caramelized onion and topped with bacon.*  
\$15.99

#### Chicken Parmesan

*A succulent chicken breast smothered in our slow simmered tomato sauce and topped with melted mozzarella and parmesan cheese. Includes garlic bread and vegetables of the day.*  
\$16.29

#### Chicken Stew with Buttermilk Biscuits

*Tender Chicken and vegetables in a delicious sauce, served with light and fluffy Buttermilk Biscuits that are made fresh with each order.*  
\$15.79

#### Coconut Crusted Sole with Pineapple Lemon Cream

*The complementary tropical flavours in this refreshing dish bring back memories of days in the sunny south.*  
\$16.59

#### Canadian Pot Roast

*Our version of this traditional family favourite starts by slowly oven roasting a choice cut of aged Beef for over twelve hours. This method cooks it to the point of tender perfection. Served with a rich pan gravy.*  
\$16.29

#### ♣ Vegetarian

### Chef's Nouveau Cuisine

#### Stuffed Tenderloin of Pork

*Fresh herb and garlic stuffed in a roasted pork tenderloin and finished with a rich prune, apricot and brandy jus.*  
\$17.29

#### Atlantic Salmon

*Classic poached Atlantic Salmon with an orange soy beurre blanc.*  
\$17.99

#### Chef's Stuffed Chicken Supreme

*Tender chicken supreme stuffed with fresh basil, imported French Brie and caramelized onions*  
\$16.49

#### House Made Pesto Fettuccine

*Our own fresh Pasta cooked el dente in a creamy basil pesto sauce richly flavoured with grilled vegetables and your choice of grilled chicken or sautéed garlic shrimp*  
\$16.99

#### ♣ Vegetarian Mixed Grain Chili

*Richly flavoured vegetarian chili enriched with a variety of beans and grains and topped with house made Tzatziki*  
\$13.99

#### Shrimp and Chicken Scampi with Stir Fried Vegetables

*Delicious Shrimp and Chicken Breast in a garlic butter scampi sauce. Served with stir fried vegetables and café rice pilaf.*  
\$17.99

#### ♣ Vegetable Stir Fry with Tempura Zucchini

*Grilled vegetables in an Asian flavoured Stir Fry and topped with tempura crusted zucchini spears.*  
\$14.49

## Dinner - Lighter Fare

Served from 4:30 pm to 8:00 pm

### Homemade Soup or Salads

*Our homemade salad dressings include, toasted pecan (recommended), honey pepper lime, Café Italian, raspberry vinaigrette, Athena, thousand and one island, and triple citrus low fat vinaigrette.*

#### Soup of the day

*Our soups are "made from scratch" each day. We take great pride in creating our own rich stocks from only the freshest of ingredients.*

*\$5.79*

#### Greek Salad

*Fresh Romaine and Leaf Lettuce mixed with red onion, cucumber, tomato, olives, Feta Cheese and our own Athena Dressing.*

*\$10.99*

#### Chef's Salad

*Our delicious house salad plus ham and real cheddar cheese.*

*\$10.99*

#### House Salad

*Mixed Greens with red onion, tomato, shredded carrot and cucumber. For a treat, try our Toasted Pecan Dressing.*

*\$9.49*

#### Caesar Salad

*Fresh Romaine lettuce with bacon bits, croutons, and our home-made Industrial Strength Dressing.*

*\$9.99*

#### Grilled Chicken Caesar

*Our regular Dinner sized Caesar Salad topped with a sliced chicken breast.*

*\$13.49*

### Guest Favourites

#### Add a Side House Salad or a Soup

*\$3.59*

#### Buttermilk Biscuits (2)

*Be patient - they're made to order and take 15 to 20 minutes to make.*

*\$3.99*

#### Café Burger

*Served with Café Fries.*

*\$8.79*

*With real cheddar cheese.*

*\$9.49*

#### Veggie Burger

*Served with Café Fries*

*\$8.99*

#### Add a Side Caesar or Greek

*\$3.99*

#### Macaroni and Cheese

*Made with Cheddar and Parmesan Cheeses, this traditional recipe will treat your taste buds.*

*\$11.29*

#### Swiss Mushroom Burger

*Sautéed Mushrooms, Onions and Natural Swiss*

*Cheese. Served with Café Fries*

*\$9.49*

#### Banquet Burger

*Served with Café Fries.*

*\$10.79*

#### Chicken Fingers with Plum Sauce and Fries

*\$9.99*

*Instead of Fries, substitute Soup, House Salad or Fruit Cup at no extra charge.*

## Small Eater's Menu

### Small Macaroni and Cheese

\$9.29

### Small Chicken Fingers with Fresh Cut

#### Café Fries

\$6.99

### Jack Cheese Quesadilla

Served with salsa and sour cream

\$5.59

Instead of Fries, substitute Soup, House Salad, or Fruit Cup at no extra charge.

## Beverages

### 20 oz. Soft Drinks

Coke, Diet Coke, Sprite, Ginger Ale, Iced Tea,  
Orange Soda, Cranberry and Strawberry

Passionfruit Frutopia

\$2.59

Small Soft Drinks

\$2.09

### Freshly Ground Coffee

Seconds are on us.

\$2.39

### Café Hot Chocolate

With whipped cream

\$2.69

### Minute Maid Fruit Juices

Large Orange or Apple Juice

\$2.69

### Milk

2% white, chocolate or buttermilk

\$2.59

Small Milk

\$2.09

### Bottled Spring Water

\$1.79

### Perrier

\$3.29

## Specialty Coffees

### Espresso

\$2.59

### Cappuccino

\$2.99

### Café Latte

\$3.29

### Café au Lait

\$3.29

### Flavoured Cappuccino

\$3.99

### Flavoured Lattes

Ask your server for the available flavours

\$3.99

Decaf Specialty Coffees are also available. Ask your server for details

## Dessert Menu

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*We are proud to say that we make all of our own desserts from fresh and natural ingredients.*

### **Buttermilk Lemon Pie**

*This is our signature dessert made with fresh lemons to ensure that tangy lemon flavour. Topped with real whipped cream.*

*\$4.59*

### **Crème Brulee**

*This is truly a decadent dessert. But after all, you deserve it.*

*\$4.59*

### **Three R's Pudding**

*Twenty years of testing has resulted in this delicious pudding of rice, raisins, and a hint of rum. Topped with cinnamon and real whipped cream.*

*\$4.39*

### **Nan's Carrot Cake**

*Deliciously moist cake frosted with a decadent cream cheese icing.*

*\$4.59*

### **Fruit Salad**

*Try a bowl for a refreshing and healthy dessert option.*

*\$4.59*

*Add a scoop of vanilla ice cream or frozen yogurt to any dessert.*

*\$1.49*

### **Special Desserts**

*Ask your server about our occasional specials and our fresh with the season desserts.*

*\$4.59*